



# TDC DE'CODE

GOVERNMENT DENTAL COLLEGE THIRUVANANTHAPURAM

QUARTERLY EDITION ( FOR PRIVATE CIRCULATION ONLY )

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## Golden sweep by the TDCians at KUHS Interzone Athletic Meet



Shameel Zaman



Aswathy Jayakumar



Mohammed Ashif

In a mighty show of strength, three of TDC's athletes: Aswathy Jayakumar (Gold Medal for 5 km walking and 5000 m running women's category), Shameel Zaman (Gold Medal for 100 m and 200 m running) and Mohammed Ashif (Gold Medal for 1000 m race and 5000 m running in the men's category) made history by clinching several gold medals and trophies at the KUHS Interzone Athletic Meet held on December 22, 2022 at Pala Municipal Stadium. TDC also marked a

milestone by winning the title of overall second runners-up in Athletics. The three athletes also bagged the illustrious title of 'Individual Champions' during the event.

## TDC at your fingertips now!!



The official website of TDC has been launched on December 21, 2022 by the honorable Health Minister of Kerala, Smt. Veena George at the Minister's chamber in the presence of our Principal Dr. V T Beena and other faculties - Dr. Sreejith Kumar G, Dr. Prasanth V and Dr. Anulekh Babu. Daily updates, notifications and ways to reach out to the college faculty are made available on the website. The official website of TDC is now active under the handle [www.gdctvm.org](http://www.gdctvm.org).

## Pledge to fight against drug abuse



On November 1, 2022, an Anti Drug campaign was organized, as part of Kerala Government's "Lahari Muktkha Keralam" initiative; which was wholeheartedly participated in by the staff and students of our college in an effort to raise awareness about drug abuse. This event was inaugurated by Health Minister Smt. Veena George at medical college campus. Anti Drug Human Chain was formed as part of the campaign and it concluded with the entire audience taking an oath against drug usage.

## The 74<sup>th</sup> Republic Day!



As the nation proudly celebrates seventy-four years of being a republic on January 26, 2023, flag hoisting was done at our college by our Vice Principal Dr. Harsha Kumar K at 8.45 am in the presence of other staff members and students. This was followed by a patriotic message by the vice principal and sweet distribution.

## Yet Another Bunch of Denticos on Board

TDC welcomed the new batch of BDS students on November 29, 2022. An orientation program was held at R Ahmed Auditorium where Principal Dr. V. T Beena, Vice Principal Dr. Harsha Kumar K, faculties from all departments of Government Dental College, Thiruvananthapuram, faculties from Government Medical College, Thiruvananthapuram and union representatives were present. An overview of all departments of the college was given to the freshers. The expressions of anxiety and confusion in the new faces changed into curiosity and hope by the end of the day.

## An ode to the Batch of 1997



To mark their twenty-fifth year of admission, a reunion event was organized by alumni of 1997 batch on November 19, 2022. The function was blessed by the presence of former and present faculties of GDC and GMC Thiruvananthapuram. The 1997 Batch donated a book shelf with books to their alma mater and its key was handed over to the Principal by Dr. T Sreelal. A souvenir was also released as a memento by Dr. S Sankar, Principal of GMC, Kottayam.

## Obituary for the first HOD of Orthodontics, Dr P. P Jacob



Dr. P P Jacob



Dr. P. P Jacob, the first Head of Department of Orthodontics left for his heavenly abode on November 6, 2022. An obituary meeting was held on November 11, 2022 at Pierre Fauchard hall, where our Principal Dr. V.T Beena, Dr. Sreejith Kumar G, Professor & Head and Dr. Babukuttan Pillai, Associate Professor; Department of Orthodontics recalled stories and nostalgic memories from Dr. P P Jacob's life. They elaborated his role in establishing and nurturing the department.

## TDC pronounces the divinity of Malayalam

TDC celebrated the "Malayala Bhasha Varaghosham" in the first week of November to declare the importance of the mother tongue in daily lives. Professor Jolly Varghese, an eminent person from the literary world gave a talk on November 5, 2022 at R Ahmed Auditorium. A spelling bee competition in Malayalam was also conducted for both staff and students after the talk.

## TDC continues the legacy of victory



Dr. Shankar Mahadev



Sandra Joiy

TDC bags the title of 'Oral Pathology Genius 2022' and second prize in the Jacob Zachariah memorial gold medal examination for undergraduate students. Dr. Shankar Mahadevan S. B of the 2017 batch won the first prize and Sandra Joiy of the 2019 batch secured the second prize. The competition was held on November 5, 2022 at Amrita School of Dentistry, Kochi.

## New Dental Mechanic tutor posted

Smt. Noreen N. Thomas got promotion from the post of Dental Mechanic Grade I to the post of Tutor in Dental Mechanics and has been posted in Department of Prosthodontics, Government Dental College, Thiruvananthapuram. Congratulations!

## Quiz to commemorate World Prosthodontist Day



Prosthodontist Day quiz winners

The World Prosthodontist Day is observed on January 22. TDC had week long celebrations and a quiz was conducted as a part of it. The title was won by the team comprising Dr. Gopika KK, Shehabas K, Nasmiya and Alphonsa Chacko. The second prize was shared by two teams - Dr. Sahla P, Sumesh M, Nasila V and Godson Noel made up one team and Dr. Ayana Shalimon, Thanseela Shaji, Keerthana V G. and Punya Prem made up the other team.

## Inauguration of Oral Health Education Desk



As a joint initiative of Department of Public Health Dentistry and Dental Hygienists of TDC, an Oral Health

Education Desk was inaugurated on December 1, 2022 at the foyer of our college by the Principal Dr. V T Beena in the presence of Assistant Professors of Public Health Dentistry Dr. Athira & Dr. Dithi and Smt. Sophia Salam, Tutor in Dental Hygiene. This desk aims to raise awareness regarding oral health and spread basic awareness among the public by demonstrating proper brushing and oral hygiene techniques.

## Academic forum organizes CDE



Academic forum, Government Dental College, Thiruvananthapuram in association with Sascan Meditech and Swasthi foundation organized a CDE program on "Application of Biophotonics in improving the accuracy of oral cancer detection".

It was held on November 16, 2022 at R Ahmed Auditorium of our college and the program provided an update on recent developments and newer entities in the early detection and diagnosis of oral cancer. The program was inaugurated by Joint Director of Medical Education Dr. Anita Balan and lectures were delivered by Dr. Babu Mathew, Former Professor and Head, Community Oncology, Regional Cancer Centre, Thiruvananthapuram; Dr. Ranimol Prasanna, Clinical Scientist, Meditech and Dr. Subhash Narayan, Founder & CEO of Sascan Meditech.

## Breathing Dreams like Air...



"Uyare", a day of cultural celebration, the pre-event of the 34<sup>th</sup> Inter-Dentals was conducted on January 21, 2023 at R Ahmed Auditorium of Government Dental College, Thiruvananthapuram. The main attraction of the program was the presence of the wonder women, the residents of the Bethania Rehabilitation Centre, Kumarapuram.

The principal Dr. V. T Beena and other staff members attended the event along with the students of the college. The event included programs by the residents and students and various fun games. At the end of the day, everyone returned with a smile on their faces that matched the smileys that decorated the walls of the auditorium.

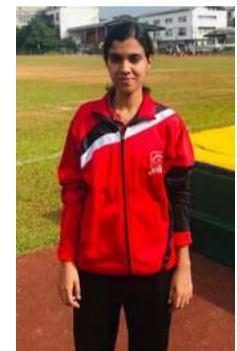
## Volleyball Champions in Torque



At the sports fest "Torque" organized by Government Medical College, Thiruvananthapuram from November 17 to 20, 2022, the women's

volleyball team from Government Dental College, Thiruvananthapuram has secured the first position. The final match was conducted on November 2, 2022 and the team consisting of eleven members under the captaincy of Miss Ashni Anil have battled to become the champions.

## Long Walk to Success!!



Aswathy Jayakumar (Final BDS Part I) represented KUHS at the Southwest Zone Inter-University Athletic Championship for the events - 20 km walking and 4 x 400 meters relay. The championship was held from January 9 to 12, 2023 at Tamil Nadu, Physical Education and Sports University, Chennai. The selection trials were held earlier, on November 21, 2022 at Government Medical College, Kozhikode in which she secured the university representation.

## First Runner up is from TDC!!



Deepthi Mary Abraham of the first year BDS gets hold of the runner-up title in the KUHS A-Zone Badminton Championship conducted at the College of Engineering Thiruvananthapuram on November 23, 2022.

## Athlete clinches trophy and secures Nationals position



Bhama, daughter of TDC's own Ms. Sreepriya, Dental hygienist, Department of Orthodontics, exceeded expectations by winning third position at the prestigious State

Gymnastics Championship held at DJ Sports Club Thiruvananthapuram in the floor category. Marking a historic milestone, she also got selected for the National Championship and participated in the Nationals Tournament held at Jimmy George Indoor Stadium, Thiruvananthapuram from December 30, 2022 to January 2, 2023.

## Let's break a leg!!



Yet another achievement for TDC-Sandra Joiy, final year student, was selected for Inter University Taekwondo competition 2022-23 which

was held at Guru Nanak Dev University, Amritsar from January 9 to 12, 2023. She represented KUHS at the national level in the category of less than 46 kg.

## Historic win by the TDCians as they bag 2<sup>nd</sup> runners up title and the 'Best Goalkeeper' Award



For the first time in the history of Government Dental College, Thiruvananthapuram, our football team has achieved a monumental milestone by becoming the second runners up in the KUHS Interzone Football Tournament. This illustrious event was held from January 7 to 9, 2023 at the KUHS ground, Thrissur where our athletes stole the spotlight. Dr. Sudheesh M (House Surgeon) grabbed the title of 'Best Goalkeeper' and raised the banner of TDC.

## Men's table tennis team bags third prize in KUHS A Zone Table Tennis Championship



At the prestigious KUHS A Zone Table Tennis Championship held at PMS Dental College on November 14, 2022, TDC's own Men's team comprising of Dr. Vivek S, Dr. Ananthasree V. S,

Dr. Mahadevan M, Dr. Bimal Boswel and Dr. Nivin G clinched the third place trophy and raised the banner of TDC.

## Knock it off!! TDCian athlete clinches State Championship Trophy



Reeva Anna Michael, first year BDS student of the Government Dental College Thiruvananthapuram bags the championship title at the All Kerala State Table Tennis Championship. It was held at A V Thomas Memorial Arena YMCA, Alappuzha on January 3, 2023. She will be representing the Kerala State at the nationals in the month of March at Jammu and Kashmir.

## Ashni Anil qualifies for KUHS Interzone Table Tennis Championship.



Ashni Anil, IV BDS Part I student has attained fourth position for the KUHS A-Zone Table Tennis tournament held at PMS College of Dental Science and Research, Vattapara on November 15, 2022 and got qualified to participate in KUHS Interzone Table Tennis Championship held at Believers Church Medical College, Thiruvalla on January 15, 2023.

## TDC into the League Era



An array sports events were conducted for both staff and students of TDC during the first week of November. The s-

tudents were selected to different houses namely blue, green, red and yellow through auction. Events included mixed basketball, cricket, football for men and women, table tennis, chess, carroms, badminton and the list continues. Dr. Pratheek V. S, Sports Advisor inaugurated the event by dunking a basketball through the hoop. The highlight of the event was the victory of the staff team led by Dr. Harshakumar and Shri. Anil Kumar in badminton which was held on November 7, 2022.

## World Radiology Day at TDC



The 11<sup>th</sup> International World Radiology Day was observed on November 8, 2022 worldwide. TDC acknowledged this day in black and white theme. A class on Radiology was held by Dr. Asish R, Associate Professor, Department of Oral Medicine and Radiology. A quiz was held at R. Ahmed auditorium where various batches formed teams and participated. A video on radiation awareness was screened. Students also made posters for this event which were displayed in the Department of Oral Medicine and Radiology.

## TDC commemorates World AIDS Day



The College Union of TDC collaborated with AIDS Healthcare Foundation (AHF), under

the guidance of Dr. V Sam Prasad, Country Director of AHF India on December 1, 2022 to observe World AIDS Day. A campaign called "I do" had been launched professing that the students of TDC do care for the people living with HIV and AIDS (PLHA) and that they would give expert dental services to all without stigma or bias. A flash mob as well as a parade had been organized to increase sensitivity and spread awareness amongst the public.

## Another Day of Victory for the TDCians!!



TDCians prove once again that they excel in

all academic areas as Thanseela Shaji (I BDS) and Keerthana V. G (I BDS) secured second place at the Sarojini Padmanabhan Memorial - Made in India Online Quiz conducted on December 6, 2022. The Quiz program was organized by Manappuram Foundation in association with Q Factory. The winners are the proud members of The Wissen Quiz Club of Government Dental College, Thiruvananthapuram.

## Awareness program on Anti-ragging

District Legal Service Authority, Thiruvananthapuram in association with Government Dental College, Thiruvananthapuram organized an anti-ragging awareness program on November 21, 2022 at 1 pm at our college. The class majorly focused on the legal and psychological aspects of mental health and ragging law. The function started with the presidential address by the Principal, followed by inauguration of the event by K Vidyadharan, Sub Judge and Secretary of District Legal Services Authority, Thiruvananthapuram. Adv. Suresh Thomakal, Panel Member of District Legal Services Authority, Thiruvananthapuram enlightened the students about the ragging laws and how it affects the life of both the victim and the victimizer.

## KUHS University Topper 2017 Admission: Proud Achievement of Dr. Sankar Mahadev S. B



Dr. Sankar Mahadev S.B (2017 batch) has made Government Dental College, Thiruvananthapuram proud by becoming the KUHS University Topper. This is the first time in the history of KUHS that a student from a Government Dental College has achieved this position. Dr. Sankar is currently completing his internship at Government Dental College Thiruvananthapuram. The result was announced on November 12, 2022.

## Know the events of TDC with TDC DE'CODE



TDC is proud to announce the release of our own newsletter, 'TDC DECODE'. It was officially released by our beloved principal, Dr. V. T Beena in the presence of the editorial board members during an All staff meeting on Jan 12, 2023. The online news letter was released to various whatsapp groups and was also uploaded to TDC's official website. Keeping track of the "happenings" in TDC have now become easier.

## Union Inauguration and a night of cultural extravaganza



On November 11, 2022, R Ahmed Auditorium, TDC was the venue for a grand union inauguration program as well as cultural celebrations. The event's welcome address was delivered by Vimal Jose, DCU Chairperson; inaugurated by Shri. Sankar Ramakrishnan; felicitated by Principal Dr. V T Beena and Dr. Sarath S S and the Vote of Thanks delivered by Dr. Aravind S. S. The event included recognizing and felicitating the winners of KUHS South Sports Zone and Arts Fest and concluded with an eye-catching display of the cultural talents of TDCians.

### Editorial Board

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